



News from Miss Tanner...






Welcome to Term 3!



Children's University students, don't forget to record your hours. This is your last term to collect them.

<https://www.adelaide.edu.au/childrensuniversity/learning-destinations>

Lunch time activities

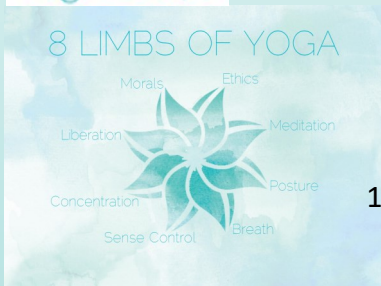
Monday	Tuesday	Wednesday	Thursday	Friday
Choir  Soccer 	Year 6/7 boys group Mindfulness Art Soccer	Year 6/7 girls group Art Venture 	Prodigy  Games, reading, drawing	STEM 

ATTENDANCE MATTERS

- The Department of Education require our school to have an attendance rate of 95%.
- Students are **not to miss** more than **10 days of school for the year**.
- If they do, an attendance plan is required.
- If students are **away for illness**, a **medical certificate must be provided**.
- If they are **away for family or social reasons** a **legitimate explanation must be given and recorded**.



Yoga starts this week!



Yoga for all of our students!

mobile ancient yoga + meditation
Inspiring children through yoga + meditation

fun and engaging
helps balance, concentration,
flexibility and co-ordination
improve awareness, release emotions
learn relaxation and peacefulness
enhance self esteem and expression

18 years experience including specialist training at yogakids US University
www.yoga2u4u.com yoga2u4u@gmail.com

<https://www.kidsmatter.edu.au/families>

How to support children and yourself with healthy mental health.

- A stable and warm home environment
- Having supportive parents or carers and early childhood services
- Achieving developmental milestones
- Having an ambition to overcome challenges
- Routines and consistency in life
- Having support from a wide circle of family, friends and community members
- Build and maintain supportive relationships

